



Pre-Appointment Preparation Guidelines

Treatment is only available after we have received your e-signed Informed Consent. Please read these Preparation Guidelines carefully in conjunction with the Treatment Information Guide to ensure that we can maximise the efficacy of your treatment.

Full Contraindication

Please advise us if any of these apply as if so we cannot offer you this treatment for safety reasons;

Pregnant
Pacemaker
Infusion Pump (if not removable)
Electrical implants
Recent Transplant Surgery
Cochlear Implant

Area Contraindication

Please advise us if any of these apply to you as if so, we cannot offer you this treatment in or close to the affected area for safety reasons.

Metallic Stents
Haematemesis/melaena
Transplant Surgery (Very Recent)

Advisory

In some case these may cause more symptoms or compromise efficacy of treatment but not your safety so you may proceed at your own risk.

Acute pain

Before your appointment

Take supplements as normal.

Eat regular and balanced meals and avoid radical diets

Do not abruptly stop ANY pharmaceutical medication but specifically advise if you have taken a diuretic.

For at least 24 hours before your appointment

NO Alcohol or **Smoking** or **Recreational Drugs**

NO Intense Activity

NO Sauna

On the day

Arrive **well hydrated** to your appointment

Drink **1 glass of still water** before and after each treatment

You need to place **all metal objects** (i.e. car keys, mobile telephones, jewellery), cards with a magnetic strip (i.e. credit/debit/library card) at least 7 feet (2m) away from the therapeutic device.



Papimi

You will be 'scanned' during the first treatment lasting between 6-9mins, from which your protocol will be determined.

Important to Note

You may perceive an initial increase in pain/nausea like symptoms during or after the treatment for up to 48 hours. Generally, there is an improvement after about 2 treatments. You may refuse treatment at any time, or even terminate a treatment whilst being scanned or treated by asking the clinician to stop.

Treatments ideally should be performed twice a week, however, in some 'acute' cases, more frequently. These sessions may last longer than 6-9mins depending on the number of foci selected for therapy.